

# A Passing from Poverty

By MRS. PRESTON HOWARD

THE FIRST DAY in February, Julie Evans finished the steps of a broad stone staircase and pulled the bell with each knock. Behind her it was from the kitchen, and she was told to stand there in an old maid's dress, waiting for the door to be opened. But it never came.

The door, which was open, was closed. Julie Evans, who had been waiting for the door to be opened, was told to stand there in an old maid's dress, waiting for the door to be opened. But it never came.

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## ARE PHYSICIANS' PRESCRIPTIONS (NORTHERN)

To one who is qualified and has the necessary equipment, the physician's prescription is a most important document. It is the key to the patient's health, and it is the responsibility of the physician to write it with care and precision. The physician must be able to diagnose the patient's condition accurately, and then prescribe the appropriate treatment. This requires a deep understanding of the patient's medical history and a thorough knowledge of the latest medical research.

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## WOMEN IN MEDIEVAL TIMES

The women of the sixteenth century were not the passive, obedient creatures that they are often portrayed to be. They were active participants in the life of their communities, and they played a significant role in the development of the arts and sciences. They were also responsible for the education of their children, and they were often the primary providers of medical care for their families.

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## NORTHWEST NOTES

Henry Miller, living near Wheaton, Wyo., was injured last week by lightning and burned in a serious manner, but will recover. Three loaded men held up a man in Wheaton, Colo., and got away with about \$1,000. The robbery occurred at 2:30 in the morning. The first wreck on the Rock-Spokane R.R. near McLeod, N. C. Two men were killed. The southern train was derailed.

Maritime, Utah's Peak & Pacific railroad is now operating trains between Laramie and Centennial. The company has not yet adopted a telegraph system. Miss Marie Edwards, of Honolulu, Hawaii, has been awarded possession of a cat now held by Miss Carrie Bassett, provided \$1,000, \$250 each of the two cats. The cat has made much fun in the camp.

J. W. Bolger, a former San Francisco undertaker, has moved to his home in the presence of his wife in Portland. He has his property in the San Francisco fire and since then had been pursued by misfortune. John Quinn, millionaire gambler of Reno, Nevada, has made a will leaving his entire estate to James Sloan, a son of Quinn's. Quinn is 65 years old and the fortune is to become the child's when he reaches his majority.

Some of the best fish caught in Wyoming this year have been taken from the lakes high up on the snowy range of mountains in western Wyoming. At an elevation of from 10,000 to 12,000 feet above sea level. These lakes are full of trout. Because the master fishermen of Goldfield refused to grant a union fishermen a raise from \$5 to \$5 per day the fishermen have declared a strike and plumbing work on many large buildings in course of construction in the city has been stopped.

Laborers in Seattle are living on the fat of the land. Owing to contractors of railroad lines building into the northwest building almost one another to obtain the services of workmen, common labor is quoted at \$2.50 per day with a promise of steady employment. J. M. Mahoney, a farm hand employed on a ranch near Laramie, Wyo., and who was a member of Quindell's band of desperadoes during the Civil war, declares that he believes Quindell is still alive. He expresses the belief that the body buried in Kentucky as Quindell's was some other man.

Albion, Nevada, is now a town, having been incorporated under the laws of Nevada as a town in Nevada county. C. L. Mahan has been made chief of police and Harry O'Brien chief of the fire department. Round Mountain and Manhattan are also communities in Nevada county that soon will become towns. Fifty-three striking steel layers on the Las Vegas & Tonopah railroad were arrested by their deputies at Bonanza Creek, forty-five miles north of Reno, and lodged in the jail at Reno. The strikers are Arizona. It is believed to be the largest body of men ever included in an arrest made in Nevada.

After thirty years spent in searching for his two children, who had been taken from his home by their mother thirty-three years ago, M. L. Packer of Bord county, Nebraska, has located them in Whitman county, Wash., and is now visiting his son, Arthur Packer, a well-known farmer, two and a half miles south of Pahrump.

It is announced that as a result of the voting in the Idaho mine union the union has adopted all the amendments to the constitution of the Western Federation of Miners, but voted down the resolution for a convention in Chicago, October 1, to reunite the warring divisions of the Industrial Workers of the World.

A Greek seaman, however, fell from a handcar at Howell, Wyo., sustaining a concussion of the brain. When he was brought to the hospital in Laramie he was treated it was found that he was badly hurt from the accident and unable to distinguish light from darkness. The case is unusual, as the accident occurred at night and the seaman was not of much importance until the blindness was noted.

Ray Moore, an employee at the rolling mills at Laramie, lost his day's work on a lathe and suffered from a severe headache. He was taken to the hospital and treated for a concussion of the brain. The case is unusual, as the accident occurred at night and the seaman was not of much importance until the blindness was noted.

## TEN YEARS OF PAIN.

Unable to Do Even Household Work because of Kidney Trouble.

Mrs. Margaret Emmerich, of Clinton St., Nashville, 30, says: "For fifteen years I was a great sufferer from kidney trouble. My back ached me terribly. Every time I moved I had sharp, shooting pains. My weight was poor, dark spots appeared before me, and I had dizzy spells. For ten years I could not do household work, and for two years did not get out of the house. The kidney trouble was irregular, and doctors were not helping me. Dr. Williams' Pink Pills brought me quick relief, and finally cured me. They saved my life."

Sold by all Dealers. 50 cents a box. Foster-McMillan Co., Buffalo, N. Y.

## CAME PRETTY FAST FOR PAT.

At That, He Had Had Only What the Doctor Ordered.

A Philadelphia physician says that not long ago he was called to see an Irishman, and that after other directions he told him to take a course of Walker's Kidney Pills. A day or so later he made another visit and found the man, while not as sick, unduly drowsy.

"How did this happen?" the physician demanded of Pat's wife, who was hovering about anxiously.

"Sure, doctor, an' 'tis just what you ordered, an' no more, that he had," she protested.

"I used one bottle of Walker's Kidney Pills a day, but could not make him drink them," the physician said. "He had had some more than that."

"That's a drop more, doctor, dear," she declared. "Sure an' at didn't know just how much an ounce was so of wine to the doctor since an' asked, an' the lad—he's a brother of a boy, too—told me that an ounce was 16 drams and Pat had taken this regular, an' no more!"—Harpers' Weekly.

## Used Ink for Bluing.

"One can never be too careful about apparently harmless articles sitting about the house," said a housewife the other day. "Not long ago my husband brought home one of these ink bottles of ink from the office. It had got to be such a nuisance buying one of the small five-cent bottles every time we ran out of ink, that he said he would bring home a supply."

"About a week after that I got a new maid, and when she did the washing she took the big bottle of ink for bluing. Of course every stitch of our white clothes in the wash was ruined."

## Punishment by Inches.

A Bergen (Gosport county) Justice of the peace has adopted an original scheme for the dispensation of justice. Henry Meyer, 27 years old and seven feet two inches tall, was a prisoner in his court for stealing four bags of oats. He was sentenced to 90 days in jail, one day for each inch of stature and one for each bag—Nunda (N. Y.) News.

## A Big Loser.

Mrs. Myles—I was the 24-year-old son of a London 277 people room in a bank, having managed to get rid of \$2,000.00 well, he came of age, Mrs. Myles—Oh, well, boys will be boys!

Mrs. Myles—Well, this looks as if a boy had an ambition to be a bridge warden player.

## FOOD FACTS

Grape-Nuts

FOOD

A Body Balance

People hesitate at the statement that the famous food, Grape-Nuts, yields as much nourishment from one pound as can be obtained by the system from ten pounds of meat, bread, wheat or oats. Ten pounds of meat might contain more nourishment than one pound of Grape-Nuts, but not in shape that the system will absorb as large a proportion of, as the body can take up from one pound of Grape-Nuts.

This food contains the selected parts of wheat and barley which are prepared and by natural means predigested, transformed into a form of sugar ready for immediate assimilation. People in all parts of the world testify to the value of Grape-Nuts.

A Mo. man says: "I have gained ten pounds on Grape-Nuts food. I can truly recommend it to this people." He had been eating meat, bread, etc., right along, but there was no ten pounds of added flesh until Grape-Nuts food was used.

True enough! Before regarding your health food is that it will restore the weight of a corpulent person with unhealthy flesh, and will add to the weight of a thin person not properly nourished. There is abundance of evidence to prove this.

Grape-Nuts balances the body in a condition of true health. Scientific analysis of food elements makes Grape-Nuts good and valuable. Its delicious flavor and powerful nourishing properties have made it a favorite food in many homes. Grape-Nuts makes "There's a Reason." Read "The Road to Wellville," in 1916.

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